

**“We need not
walk alone”**

Is the Compassionate
Friends motto.
Please remember this
and contact us if you feel
we can help in any way.

The Compassionate Friends

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The Compassionate Friends

ACT & Queanbeyan Inc



An organisation of
bereaved parents and
their families

“We need not walk alone”

The Compassionate Friends

Is a worldwide organisation of bereaved parents, siblings and grandparents offering support, friendship and understanding to each other following the death of a child of any age from any cause.

Support is offered both directly to bereaved families and indirectly by fostering understanding and good practice amongst professionals, and by increasing public awareness.

Within The Compassionate Friends the word 'family' is used in the widest possible sense to include all relationships

The Compassionate Friends has no religious affiliation.

If you are a bereaved parent, sibling or grandparent

We would like to welcome you to our group and invite you to share the services we offer. We recognise that many people who have suffered the loss of a child feel a bond with others similarly bereaved and we extend the hand of friendship to you.

Sharing Meetings

Are held on the first Tuesday of each month at 7.00pm at the Grant Cameron Community Centre, 27 Mulley Street, Holder. Those attending are invited, but not expected, to share their experiences and feelings amongst caring and likeminded people in a warm and friendly environment.

We respect the privacy of those who come to us for support and assure confidentiality.

Social Activities

Form an important part of our calendar and include morning and afternoon teas, lunches and dinners, special celebrations, craft afternoons, retreats and more. These activities provide valuable opportunities to deepen friendships in a safe environment.

There is no obligation for members to attend any particular events.

Library

We have an extensive library of books and literature for loan, useful to the needs of bereaved parents and their families.

Newsletter

We produce a quarterly newsletter to which members are encouraged to contribute their stories, pictures and information.

